

BeMo

One-Month MCAT Study Schedule

WEEK 1

1. Take a diagnostic exam to create a baseline of your MCAT knowledge.
2. Create your list of content areas you should start reviewing.
3. Review your weakest content areas.
4. Do 1 challenging reading or CARS practice passages.

WEEKS 2 AND 3

1. Review and brush up on any problem subject matter areas.
2. Practice with MCAT CARS passages.
3. Do 1 full-length MCAT practice test per week.
4. Review your practice test results and note any areas where you struggled.

WEEK 4

1. Do a final review of your weakest content areas.
2. Practice with MCAT CARS passages.
3. Do 1 last MCAT practice test.
4. Prepare for test day!