

BeMo

One-Week MCAT Study Schedule

DAY 1

- Take a diagnostic test and make note of any problem content areas you need to review.
- Review one topic or content area.

DAY 2

- Review one topic or content area.
- Take a practice test.

DAY 3

- Review one topic or content area.
- Practice test questions and passages.

DAY 4

- Review one topic or content area.
- Practice test questions and passages.

DAY 5

- Review one topic or content area.
- Take a practice test.

DAY 6

- Final review of any weaknesses in the MCAT content.
- Take a practice test if you have time.

DAY BEFORE TEST

- Rest and relax!